

Rugby High School Track & Field Results
VELVA INVITATIONAL
Velva, ND – Friday, May 6, 2011

100 Meter Dash

Rachel Hoffert - 13.21 - 5th place
Shanaya Fred - 13.68

200 Meter Dash

Emily Stier - 27.50 - 2nd place
Rachel Hoffert - 27.53 - 3rd place
Shanaya Fred - 28.56 - 6th place
Alicia Leier - 29.34

400 Meter Dash

Alicia Leier - 1:07.46 - 4th place

800 Meter Run

Lauren Christenson - 2:38.02 - 2nd place
Hannah Christenson - 2:41.15 - 3rd place
Alexis Thompson - 2:49.87 - 7th place

1600 Meter Run

Alexis Thompson - 6:06.99 - 6th place
Tashal Trottier - 7:16.02

3200 Meter Run

Sydney Kraft - 12:06.74 - 1st place - **SQ**
Hannah Christenson - 14:26.08 - 2nd place

100 Meter Hurdles

Aubrey Hovland - 17.30 - 3rd place

300 Meter Hurdles

Emily Stier - 48.60 - 1st place - **SQ**
Jessica Blessum - 1:00.40

Shot Put

Molly Koenig - 36'½" - 1st place
Laura Fritel - 31'1½" - 5th place
Emily Fritel - 30'8½" - 6th place
Mattie Schmitt - 29'1"
Allison Leer - 23'8"

Discus

Molly Koenig - 88'3" - 7th place
Emily Fritel - 87'1" - 8th place
Laura Fritel - 79'0"
Mattie Schmitt - 77'0"
Allison Leer - 72'6"

Javelin

Molly Koenig - 105'10" - 3rd place
Allison Volk - 84'4" - 8th place
Laura Fritel - 79'6"
Allison Leer - 67'7"
Mattie Schmitt - 64'8"

Long Jump

Abbey Paul - 13'8¾" - 3rd place
Allison Volk - 13'4½" - 4th place
Keylee Odden - 12'¼" - 8th place
Cassandra Jaeger - 11'9"
Kayla Voeller - 11'2"

Triple Jump

Abbey Paul - 30'4½" - 3rd place
Cassandra Jaeger - 28'4½" - 6th place
Allison Volk - 28'3½" - 7th place
Keylee Odden - 26'11¼" - 8th place
Kayla Voeller - 25'11"

High Jump

Aubrey Hovland - 5'4" - 1st place - **SQ, SR**
Jessica Blessum - 4'3" - 4th place
Abbey Paul - 4'3" - 5th place
Allison Volk - No Height
Keylee Odden - No Height

Pole Vault

Jessica Blessum - 7'0" - 1st place

4 x 100 Meter Relay

Kassi Jorgenson(13.69), Aubrey Hovland(13.43)
Rachel Hoffert(12.07), Emily Stier(12.78)
51.75 - 1st place - **SQ**

4 x 200 Meter Relay

Aubrey Hovland(29.01), Kassi Jorgenson(31.03)
Alicia Leier(27.11), Cassandra Jaeger(28.89)
1:55.97 - 2nd place

4 x 400 Meter Relay

4 x 800 Meter Relay

Crystal Hovland(2:29.70), Hannah Christenson(2:36.32)
Lauren Christenson(2:36.65), Sydney Kraft(2:27.23)
10:09.77 - 1st place - **SQ**

GIRLS TEAM SCORES

1. Rugby - 187
2. Velva/Drake-Anamoose - 162
3. Southern McLean - 100
4. Divide County - 49
5. Minot Bishop Ryan - 45
6. Des Lacs-Burlington - 34
7. New Town - 22
8. Stanley/Powers Lake - 20
9. Kenmare-Bowbells - 16
10. Central McLean - 15
11. Rolette/Wolford - 9
12. Williams County - 6

SQ - State Qualifier
SR - School Record
MR - Meet Record